



**5th ANNUAL ATHLETICS CLUB
EERSTERUST
RACE**

DATE: 13th JANUARY 2018

START TIME
10KM / 21KM
RACE: 6:00

5KM FUN RUN
6:15

Eersterust Sports Stadium



**Athletics
Gauteng North**



**COME & ENJOY THE BEST
COMMUNITY BASED RACE**

RACE INFORMATION RULES

1. Time limit -3 hours.
2. The race is run under the rules of ASA & AGN.
3. All runners participate at their own risk & indemnify the organisers, sponsors, National & Provincial bodies of any claims which might arise.
4. All runners must run with a valid licence number worn on the front & the back of the vest. Race numbers must not cover logo's on the license
5. If the runner is not a member of a club, a temporary licence can be bought for R30 on the day of the race, & numbers must be worn on the front & the back of the vest.
6. Age category tags must be worn on the front & back by runners who compete for a category prize.
7. Acceptable proof of age and ID must be presented upon request.
8. No seconding is allowed during the race.
9. The race is open to athletes 14 years & older (10km) & 16 years older (21 km).
10. The decision of the organisers and the race referees is final and no correspondence will be entered into.
11. Security controlled parking.
12. Prize giving at 9:00 for the 10km & the 21 km.
13. There will be water points approximately every 3km's.
14. A tog bag area will be provided.
15. Traffic officers & race officials are to be obeyed at all times
16. The main entrance to the Eersterust Soccer Stadium will be closed at 05:40 & alternative entrance for parking to be used.
17. Foreign athletes must observe IAAF Rule 4, paragraph 2.
18. The organisers & sponsors of the event do not accept any liability for any loss or damage that may occur before, during or after the events.
19. Medical assistance will be provided.
20. Walkers competing for prize money must wear WALKER/W tags on the front & back of their vest.
21. No blade, cyclist or mechanically operated device allowed in the race.
22. No animals allowed.
23. No iPods or listening devices.

Pre-Entries:

**Run-A-Way Sport: 012 361 3733
302 Freesia St. Lynnwood Ridge**

**Runners Shop: 012 320 0055
The Tramshed Centre**

**Sweat Shop: 012 665 0048
Southdowns Centre, Irene**

**Entries will be accepted at the venue on the
12th January 2018 From 16:00 till 18:00**

ONLINE ENTRIES CLOSES ON 10th January 2018

www.enteronline.co.za

RACE DAY ENTRIES AT THE VENUE

04:00 until 15 minutes before the start of the race.

ENQUIRIES:

Roewyn Danster: 082 804 2923

Gesten Rennie: 082 467 1588

Mervin Hattingh: 082 887 4987

info@ace-club.org.za

www.ace-club.org.za

HOW TO GET THERE

Eersterust Sport Stadium

C/O St Joseph and Hans Coverdale west

Eersterust

GPS Coordinates: 25° 42' 54.12", +28° 18' 25.79"

Distance	Start Time	Cut off	Minimum age	Price Giving	Entry Fee
21.1KM	06:00	09:00	16 Years	09:00	R90
10.KM	06:00	08:30	14 Years	09:00	R70
Fun Run	06:10	08:30			R30

TEMPORARY LICENCE R30

80+ free entry on race day. Proof of age may be requested

PRICE MONEY

Rating	10km Man & Woman	21km Men & Woman
1st open	R300	R400
2nd open	R200	R300
3rd open	R100	R200
1st 40/49	R100	R150
1st 50/59	R100	R150
1st 60/69	R100	R150
1st 70+	R100	R150
1st 80+	R100	
1st Junior	R100	R150
2nd Junior	R100	R150
1st Walker	R100	R150

MEDALS

Distance	Gold	Silver	Distance
21.1KM	Category Winners	Next 50	Next 1200
10km	Category Winners	Next 50	Next 1300
5km			FIRST 700