



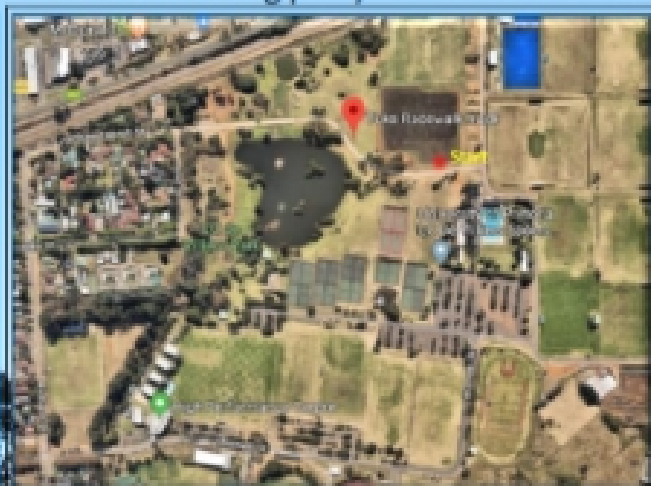
AGN OPEN RACEWALKING GRAND PRIX II

Incorporating the AGN 20km racewalking Championship

Saturday 18 August 2018

Tuks 1 km loop racewalk track (behind the swimming pool)

Distance	Race group	Start time	Entry Fee
20 km	Open Men	07:00	R 30
20 km	Open Women	07:00	R 30
20 km	Masters Men 35+ (5 year categories)	07:00	R 30
20 km	Masters Women 35+(5 year categories)	07:00	R 30
10 km	Junior Men 18,19 (b 1999,2000)	09:30	R 30
10 km	Junior Women 18,19 (b 1999,2000)	09:30	R 30
10 km	Open men and women	09:30	R 30
10 km	Youth 16,17 boys and girls (b2001,2002)	09:30	R 30
5 km	Sub-youth 14-15 boys and girls (b2003,2004)	10:50	R 30
5 km	Novice walkers >14 and older (b2004 or before)	10:50	R 30
3 km	Sub-youth <13 boys and girls (b2005 or later)	10:50	Free
1 km	Sub-youth Novice <13 boys and girls (b2005 or later)	10:50	Free



AGN Race Walking Commission
Contacts:
Race organiser:

Jaap Willemse

083 266 1133

Credits: Google maps (map) Rhoda van Staden (photo)



AGN OPEN RACEWALKING GRAND PRIX II

Registration: Saturday, 18 August 2018 at Tuks racewalk track from 06:45

General:

- Novices are welcome to join the races to learn the technique and will not suffer disqualification but may not earn prizes.
- The course is paved and is fast and flat. It is a 1km measured and certified route.
- The venue is easy to access but drivers will only be allowed in on showing their drivers licence.
- There is ample parking at the swimming pool parking area.
- A drinking station with water only will be provided. A seconding table will be allowed only for the 20km walkers
- The event will be held according to IAAF and ASA rules. All participants participate at own risk. Participants indemnify the national and provincial bodies, sponsors and organisers of the race against all and any action of whatever nature that may arise out of their participation in the events
- Lap counters, officials and judges will be present.
- Licenced athletes must wear club colours and their 2018 ASA licence number back and front
- If not in possession of a valid 2018 ASA license, a temporary license must be purchased @ R30 each.
- Masters athletes must wear age group tags and will compete in 5 year age groups from 35+
- No long pants allowed, knees must be visible
- No earphones, iPods and the like allowed and contravention of IAAF rule 144.5b may lead to disqualification
- All walkers must be able to produce identity document (or drivers licence) if required
- Walkers take part in one age group race only (e.g. a 36 year old walker must choose to walk in the 35-39 year age group or the open race group)
- For the 20km championships AGN medals will go to the top 3 AGN finishers in each age grouping (open and masters in 5 year age groups). Grand Prix medals will be awarded to top 3 finishers from other provinces. Prize money will be awarded to the top three finishers in each category regardless of province
- For the 10km, 5km, 3km and 1 km events medals will go to the top three finishers
- The pit lane rule will be applied.
- Cut-off times will be applied if necessary: 20 km races: 180 minutes; 10km races: 90 minutes; 5 km races 45: minutes; 3 km race: 30 minutes.
- Objections must be lodged, in writing, within 30 minutes after the race and before prize giving. They must be lodged with the chief judge accompanied by R300 which is refundable if the appeal is upheld.

Race group	Position	Medal
Open men and women 20km	1	Gold
Open men and women 20km	2	Silver
Open men and women 20km	3	Bronze
Open men and women 20km	4	—
Open men and women 20km	5	—
Masters men and women 20km	1	Gold
Masters men and women 20km	2	Silver
Masters men and women 20km	3	Bronze
Open men and women 10km	1	Gold
Open men and women 10km	2	Silver
Open men and women 10km	3	Bronze
Masters men and women 10km	1	Gold
Masters men and women 10km	2	Silver
Masters men and women 10km	3	Bronze

Race group	Position	Medal
Junior men and women	1	Gold
Junior men and women	2	Silver
Junior men and women	3	Bronze
Youth 16,17 boys and girls	1	Gold
Youth 16,17 boys and girls	2	Silver
Youth 16,17 boys and girls	3	Bronze
Sub-youth 14-15 boys and girls	1	Gold
Sub-youth 14-15 boys and girls	2	Silver
Sub-youth 14-15 boys and girls	3	Bronze
Novice walkers>14 and older	1	Gold
Novice walkers>14 and older	2	Silver
Novice walkers>14 and older	3	Bronze
Sub-youth 13 and younger boys and girls	1	Gold
Sub-youth 13 and younger boys and girls	2	Silver
Sub-youth 13 and younger boys and girls	3	Bronze
Sub-youth 13 and younger boys and girls	1	Gold
Sub-youth 13 and younger boys and girls	2	Silver
Sub-youth 13 and younger boys and girls	3	Bronze