

#Share the Care



KOLONNADE RETAIL PARK

quick and convenient

731 SEFAKO MAGATHO (ZAMBESI) DRIVE, MONTANA PARK, PRETORIA
GPS 25° 40'39 "S 28° 15'13" E

ROAD RACE

11 NOVEMBER 2017

AT 06:00

RUN/WALK

6KM, 10KM & 21.1KM



**Athletics
Gauteng North
League Race**



Enquiries: Daan du Toit 082 572 4169 Paul Kirby 082 200 4219
Barry Meiring 071 482 9292

ENTRIES:

PRE ENTRIES IN PRETORIA FROM 9 October - 9 November 2017 @

- Run Away Sport - 302 Freesia St, Lynnwood Ridge
- The Sweatshop - South Downs Shopping Centre - Karee Str, Irene
- Running Shop - 192 Vinko Str, Sinoville
- Sportsman Warehouse - Kolonnade Retail Park, Montana Park, Zambesi Drive
- Online at www.enteronline.co.za from 1 October 2017 - 8 November 2017
- Entries at the venue on the race day from 04:00

FEES	6km	R40	Non-Registered Athletes 10km and 21.1km must buy a Temporary Licence at R30
	10km	R60	
	21.1km	R80	

MEDALS:

DISTANCE	GOLD	SILVER	BRONZE
6km	10	100	The Rest
10km	Category Winners	100	The Rest
21.1km	Category Winners	100	The Rest



PRIZE MONEY - RUNNERS & WALKERS: MEN & WOMEN (10km and 21.1km)

CATEGORY	FIRST 10KM	FIRST 21.1KM	SECOND 10KM	SECOND 21.1KM	THIRD 10KM	THIRD 21.1KM
OPEN	R400	R500	R200	R300	R100	R200
40 - 49	R100	R100	-	-	-	-
50 - 59	R100	R100	-	-	-	-
60 - 69	R100	R100	-	-	-	-
70+	R100	R100	-	-	-	-
80+	R100	R100	-	-	-	-
JUNIOR	R100	R100	-	-	-	-

RULES:

- The race is run in accordance with the rules of ASA and AGN.
- All athletes must wear the race tag on front of their running vests, covering of the logos on the ASA Licence number is not allowed. Registered athletes must wear their 2017 licence numbers on the front and back. Non registered 10km 21.1km athletes must purchase a temporary licence and wear it on the back.
- Athletes competing for age category prizes must display the official numerical age category tags on the front and the back of their vest.
- Proof of age will be required to be presented to referees before prize giving.
- Walkers competing for prizes must wear the official "W" or "WALKER" insignia on the front and the back of their vest.
- International athletes must abide by the IAAF rule 4.2, which states that they must provide a clearance letter from the Athletics Federation of their country of origin to be eligible for a prize.
- No seconding is allowed during the race.
- No Blade, Bicycle or mechanically operated device will be allowed in the race. Manually operated wheelchairs are allowed.
- The age restrictions for participants in the 10km and 21.1km races must be 14 years and 16 years respectively.
- No iPods or listening devices are allowed in the race.
- Athletes participate at their own risk and indemnify the organisers, sponsors and national and provincial bodies against any claims that may arise.
- Animals not allowed.
- There will be refreshment points at 3km intervals along the route.
- Cutt-off time 180min.
- Medical support and Tog bag facilities will be available.
- Prize giving at 09:00.

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